Måndag	Tisdag	Onsdag	Torsdag	Fredag	Lördag	Söndag
	13:30 - 15:00 Yoga/Fryshuset Sofia Lilja Åkerlund	12:00 - 13:00 Yoga Amanda Wärff				
15:30 - 17:00 Mjuk Hatha Yoga Anette Follinger				15:45 - 17:00 Tonårsyoga Tiina Konradsson		
17:30 - 19:00 Hormonyoga Tina Lindgren			17:30 - 19:00 FUR-Gravidyoga Linda Ljung	17:30 - 19:00 Hatha Yoga Renée Lord		
19:15 - 20:45 Yinyoga Tina Lindgren	19:15 - 20:45 Slow, Deep & Subtle Yoga Lisbeth Danelius	19:15 - 21:00 Yinyoga Cecilia Olin	19:15 - 21:00 Vinyasa Flow Eva Smoczynska	19:15 - 21:00 Yoga Obscura Astrid Björk		